

Monthly Best Sellers

THIS WEEK	Science	THIS WEEK	Sports and Fitness
1	ASTROPHYSICS FOR PEOPLE IN A HURRY , by Neil deGrasse Tyson. (Norton)	1	TB12 METHOD , by Tom Brady. (Simon & Schuster)
2	END OF ALZHEIMER'S , by Dale Bredeesen. (Avery)	2	UNSTOPPABLE , by Maria Sharapova with Rich Cohen. (Farrar, Straus & Giroux) (†)
3	BEING MORTAL , by Atul Gawande. (Metropolitan/Holt)	3	FINDING GOBI , by Dion Leonard with with Craig Borlase. (Thomas Nelson)
4	SAPIENS , by Yuval Noah Harari. (Harper)	4	THE BOYS IN THE BOAT , by Daniel James Brown. (Penguin)
5	THE LOST CITY OF THE MONKEY GOD , by Douglas Preston. (Grand Central)	5	STRONGER , by Jeff Bauman with Bret Witter. (Grand Central)
6	LIFE 3.0 , by Max Tegmark. (Knopf)	6	SHOE DOG , by Phil Knight. (Scribner)
7	WHEN BREATH BECOMES AIR , by Paul Kalanithi. (Random House)	7	COACH WOODEN AND ME , by Kareem Abdul-Jabbar. (Grand Central)
8	THE IMMORTAL LIFE OF HENRIETTA LACKS , by Rebecca Skloot. (Broadway)	8	SHAKEN , by Tim Tebow. (Waterbrook)
9	THINKING, FAST AND SLOW , by Daniel Kahneman. (Farrar, Straus & Giroux)	9	I GOT THIS , by Laurie Hernandez. (HarperCollins)
10	HIDDEN FIGURES , by Margot Lee Shetterly. (Morrow)	10	WHAT MADE MADDY RUN , by Kate Fagan. (Little, Brown)

The category Advice, How-To, and Miscellaneous Best Sellers includes both print and e-book sales. The titles ranked in these monthly Best-Seller Lists are selected by the Best-Seller List editors from among all adult nonfiction print and e-book titles reported to The New York Times during September. Sales are statistically weighted to represent and accurately reflect all outlets proportionally nationwide. Among the categories not actively tracked at this time are: perennial sellers, required classroom reading, textbooks, reference and test preparation guides, e-books available exclusively from a single vendor, journals, workbooks, calorie counters, shopping guides, periodicals and crossword puzzles. An asterisk (*) indicates that a title's sales are barely distinguishable from those of the title ranked above. A dagger (†) indicates that some bookstores report receiving bulk orders. The New York Times Best Sellers are compiled and archived by The Best-Seller Lists Desk of The New York Times News Department, and are separate from the Culture, Advertising and Business sides of The New York Times Company. More information on rankings and full methodology: www.nytimes.com/books/best-sellers/methodology.