

Monthly Best Sellers

THIS MONTH	Science	THIS MONTH	Sports and Fitness
1	HOW TO CHANGE YOUR MIND , by Michael Pollan. (Penguin Press)	1	SHOE DOG , by Phil Knight. (Scribner)
2	SAPIENS , by Yuval Noah Harari. (Harper)	2	MEN IN BLAZERS PRESENT ENCYCLOPEDIA BLAZERTANNICA , by Roger Bennett and Michael Davies. (Knopf)
3	ASTROPHYSICS FOR PEOPLE IN A HURRY , by Neil deGrasse Tyson. (Norton)	3	I'M KEITH HERNANDEZ , by Keith Hernandez. (Little, Brown)
4	THE ORDER OF TIME , by Carlo Rovelli. (Riverhead)	4	TIGER WOODS , by Jeff Benedict and Armen Keteyian. (Simon & Schuster)
5	LEONARDO DA VINCI , by Walter Isaacson. (Simon & Schuster)	5	THE IF IN LIFE , by Rashad Jennings with Margot Starbuck. (Zondervan)
6	BEING MORTAL , by Atul Gawande. (Picador)	6	THE BOYS IN THE BOAT , by Daniel James Brown. (Penguin)
7	THINKING, FAST AND SLOW , by Daniel Kahneman. (Farrar, Straus & Giroux)	7	SHAKEN , by Tim Tebow. (WaterBrook)
8	THE POWER OF HABIT , by Charles Duhigg. (Random House)	8	UPON FURTHER REVIEW , by Mike Pesca. (Twelve)
9	THE PERFECTIONISTS , by Simon Winchester. (Harper)	9	BARBARIAN DAYS , by William Finnegan. (Penguin)
10	WHY WE SLEEP , by Matthew Walker. (Scribner)	10	ALL-AMERICAN MURDER , by James Patterson and Alex Abramovich with Mike Harvkey. (Little, Brown)

The category Advice, How-To, and Miscellaneous Best Sellers includes both print and e-book sales. The titles ranked in these monthly Best-Seller Lists are selected by the Best-Seller List editors from among all adult nonfiction print and e-book titles reported to The New York Times during May. Sales are statistically weighted to represent and accurately reflect all outlets proportionally nationwide. Among the categories not actively tracked at this time are: perennial sellers, required classroom reading, textbooks, reference and test preparation guides, e-books available exclusively from a single vendor, journals, workbooks, calorie counters, shopping guides, periodicals and crossword puzzles. An asterisk (*) indicates that a title's sales are barely distinguishable from those of the title ranked above. A dagger (†) indicates that some bookstores report receiving bulk orders. The New York Times Best Sellers are compiled and archived by The Best-Seller Lists Desk of The New York Times News Department, and are separate from the Culture, Advertising and Business sides of The New York Times Company. More information on rankings and full methodology: www.nytimes.com/books/best-sellers/methodology.